



*Joanne DiMaggio*

*Author, Lecturer and Regression Specialist*

## **Media Packet**

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## *About Joanne DiMaggio, MA, CHt*

Ask Joanne DiMaggio, MA, CHt, what is her soul's purpose and she answers with a smile: "I am a reporter for the Universe." Joanne says writing is part of her spiritual DNA and sees her soul's mission in this life to observe, record and disseminate information about her particular area of expertise in esoteric studies: soul writing and past-life exploration.

A professional writer and author of six books and hundreds of magazine articles for both mainstream and esoteric audiences, in 1987 Joanne began devoting all of her time to her esoteric studies, specializing in past-life exploration, research and therapy. She eventually combined her passion for soul writing with her knowledge of reincarnation and today is considered a respected expert in both fields.

Born and raised in Chicago, Joanne has been actively involved with Edgar Cayce's Association for Research and Enlightenment (A.R.E.) since 1987. In 1990, she became one of the founding members of the A.R.E. Heartland Region headquartered in Chicago. There she oversaw the region's public relations, newsletter, and special event programming. She moved to Charlottesville, Virginia in 1995 and was the Coordinator for the A.R.E. Charlottesville, VA team from 2008-2021.

Joanne earned her Masters in Transpersonal Studies degree through Atlantic University. Her thesis on inspirational writing served as the basis of her first esoteric book: *Soul Writing: Conversing with your Higher Self*. She also earned her Spiritual Mentor certification through Atlantic University, where she was named Outstanding Graduate of the year. She later formed A.U.'s Alumni Association, which she served as president for two years.

Joanne has given talks on the subject of past-life exploration and soul writing to global audiences. In addition, she has been the guest on nearly 100 national and international radio programs and podcasts.

Joanne has been professionally pursuing past-life research and therapy for over 30 years. She is a graduate of the Eastern Institute of Hypnotherapy, completed additional training in hypnosis at the College of DuPage in Glen Ellyn, IL and studied under Dr. Irene Hickman, a pioneer in the field of non-directive hypnotherapy. The years she spent as the head of PLEXUS, her own past-life research center outside of Chicago, enabled her to interact with some of the leading past-life therapists, authors, and other renowned practitioners from across the country.

Using Soul Writing, Joanne produced a small line of greeting cards called Spirit Song. The International Greeting Card Association cited one of those cards, *What is Human is Immortal*, for

its creative excellence, choosing it as one of six worldwide finalists in the “Sympathy” category for its Annual LOUIE Awards.

In addition to *Soul Writing*, Joanne’s other esoteric books include *Your Soul Remembers: Accessing Your Past Lives Through Soul Writing*; *Karma Can Be a Real Pain: Past Life Clues to Current Life Maladies*; *I Did It To Myself...Again! New Life-Between-Lives Case Studies Show How Your Soul is Guiding Your Life*; and *Edgar Cayce and the Unfulfilled Destiny of Thomas Jefferson Reborn*. All are available on Amazon.

Joanne is a member of the National Association of Transpersonal Hypnotherapists, and was the founder of the Unity Holistic Healing Center, a service of Unity of Charlottesville, where she served as director from 2013-2020.

## Joanne DiMaggio – Short Bio

Joanne DiMaggio, MA, CHt, is a respected expert on the topic of reincarnation, as well as soul writing, which she describes as a written form of meditation. She has been actively involved with Edgar Cayce's Association for Research and Enlightenment (A.R.E.) since 1987 and was the Coordinator for the A.R.E. Charlottesville, VA team from 2008-2021. She earned her Masters in Transpersonal Studies degree and her Spiritual Mentor certification through Atlantic University. Her thesis on inspirational writing served as the basis of her first esoteric book: *Soul Writing: Conversing with your Higher Self*.

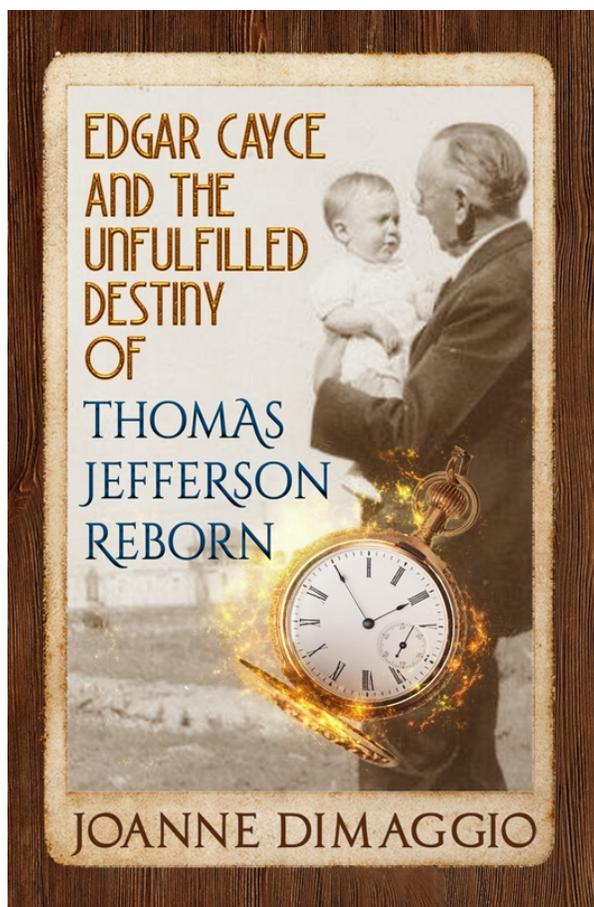
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In addition to *Soul Writing*, her other books include *Your Soul Remembers: Accessing Your Past Lives Through Soul Writing*; *Karma Can Be a Real Pain: Past Life Clues to Current Life Maladies*; *I Did It To Myself...Again! New Life-Between-Lives Case Studies Show How Your Soul’s Contract is Guiding Your Life*; and *Edgar Cayce and the Unfulfilled Destiny of Thomas Jefferson Reborn*.

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## Joanne's Newest Book!



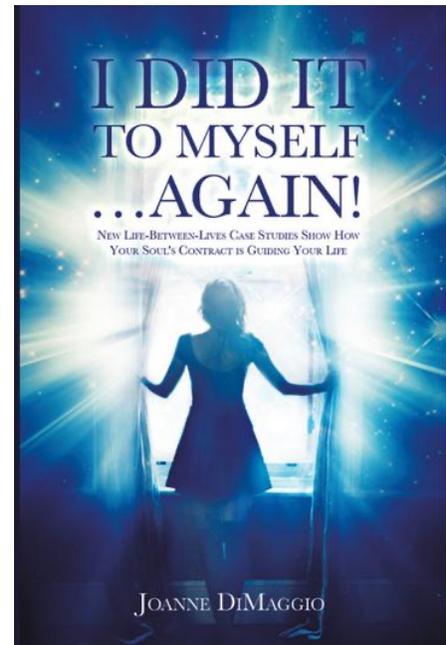
On June 23, 1936, Edgar Cayce, the most renowned psychic of the 20<sup>th</sup> century and the father of holistic medicine, gave a Life Reading for Thomas Jefferson (T.J.) Davis, the two-day old nephew of his secretary, Gladys Davis. In this Reading, Cayce identified one of the child's past lives as that of Thomas Jefferson, adding this stunning prediction — that he *“may become more important in the affairs of the WORLD than this entity in its previous experience has been to America — Thomas Jefferson.”* This book examines all the reasons why that prediction never happened. It is an endearing look at the relationship between Cayce and young T.J., who was tutored by Cayce for the first nine years of the boy's life in preparation for the great work ahead of him. But it also explores how decisions made by T.J.'s absentee parents put their son's soul on a totally different path. For those who make the assumption

that a soul that reaches the greatness of a Thomas Jefferson would continue its upward trajectory, this book clearly illustrates the role that free will plays in the outcome of any life. It is a classic case of karma in action, of synchronistic events that make one cringe to think how close and yet how far T.J. was from being the redemption of the world.

# I Did It To Myself...Again!

*New Life-Between-Lives Case Studies Show How the Soul's Contract is Guiding Your Life*

- What does it feel like to die?
- What does the afterlife look like?
- Who are the Council of Elders and how do they assist you in mapping out your next life?
- What is your soul's mission?
- Why did you choose your parents?
- Who in your soul family decided to join you in this life and why?
- Why did you choose the body you're in now?
- What memory triggers were given to you to help you remember your prior life?



*I Did It To Myself...Again! New Life-Between-Lives Case Studies Show How Your Soul's Contract is Guiding Your Life* answers these and other questions about the afterlife! Data from Joanne's yearlong research project chronicles the journeys of 25 men and women who revisited the past life most impacting them today and then explored the afterlife to see what souls do between lives. Most importantly, research subjects learned the role they played in designing their current life, what unresolved karma from a past life they would work on in this life, and which karmic attributes they'd bring in to assist them.

## Comments About Pre-Life Planning Session Project

“The past-life experience itself was an amazing one. The follow up questionnaire has been a great tool to bring awareness to me in terms of what my focus is and what do I want my focus to be.” (Amy)

“This regression has deepened my understanding of who I was, who I am, and who I am becoming. I feel more present, more compassion, and more love for the opportunity to be on this journey. I not only look forward to the rest of this life, but also knowing what I now know about the process, I am excited about my next incarnation.” (Karen)

“This session has been an affirmation of my perspective of the soul’s journey in general—that life after life we have many opportunities for healing. It has helped me to gain clarity about where I am in healing karmic issues that have surfaced in this life. I’ve had feelings of deep satisfaction with my life since the regression that has really stayed with me. I’ve been aware of this satisfaction, but it’s deeper and more abiding since the session.” (Diana)

“Life is fuller, richer, more magical, and the past-life work is profoundly insightful in making sense of relationships and challenges and patterns experienced in this life.” (Claire)

“Like everything, it has given me so much insight into my own current feelings of guilt, abandonment and loneliness and has been a catalyst for healing. I’m not done yet, but the compassion and love that I feel when I think about Indigo can certainly be brought forward into self-love and compassion.” (Grace)

“The session was very empowering for me. And when I felt this, I also felt freedom. I was not confined or required to have a man to do things. I also feel more confident and aware of whom I am. There has been more forgiveness of the people that gave me the hard lessons—that they were here to help me. The session was very helpful and eye opening. I feel like it helped me grow up some and gave me a broader picture of things.” (Nancy)

“Issues and problems don’t feel like struggles so much anymore. Instead, they seem natural—things that I’m supposed to experience for a reason (to work out karmic issues, past life experiences not completed, etc.). There’s a certain freedom in me now, as I see the much broader picture and how my life now fits into a plan, with other souls, and other lifetimes. I’m also allowing myself to connect with others without the desperation of them meeting my expectations and needs. My family relationships have improved and feel deeper (it’s me accepting and being more present). It is good.” (Naomi)

“I am not afraid of death, I see it as a transition, a revolving door from spirit to physical and back again. It makes me more aware of my need to work off or give up karma to grace.” (Luke)

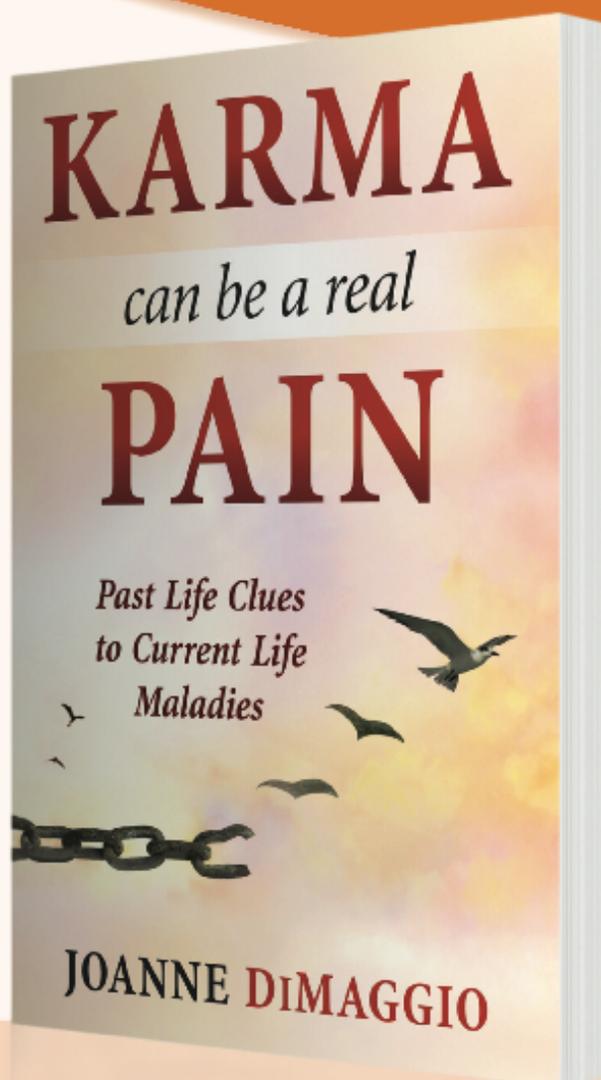
# KARMA CAN BE A REAL PAIN

Past Life Clues to Current Life Maladies

JOANNE DIMAGGIO

*"In my experience all significant illnesses/accidents, etc. in this life are the result of unfinished business from a previous life."*

—C. Norman Shealy, M.D., Ph.D.



## Transform Your Life by Uncovering Your Past Lives . . . .

Are physical and mental illnesses the result of karma acquired in a past life, and if so, does uncovering that lifetime lead to healing? According to the yearlong research project conducted by author and past-life specialist, Joanne DiMaggio, the answer is yes! Fifty volunteers, ranging in age from 34 to 74, participated in the project. They came in suffering from such chronic conditions as arthritis; diabetes; joint and limb pain; head trauma; weight and digestive troubles; sexual dysfunction; skin conditions; liver and kidney issues; drug and alcohol abuse; and mental illness. Employing past-life regression and augmenting the session with soul writing, i.e., writing in an altered state of consciousness, the project sought to find the buried past-life story behind the present-day malady.

The book explores the experiences of 23 of those volunteers, sharing the details of the regression, the transcript of the soul-writing session, and the results of the follow-up interview to determine whether the session resulted in the condition being healed, improved, or remain the same. The results are fascinating.

*Karma Can Be a Real Pain* illustrates how ordinary men and women met their past-life aspects and discovered the karmic origin of their chronic condition, resulting in a healthier, happier life in the here and now—and beyond. Karma can be a real pain, but lucky for us, there is a cure!

JOANNE DIMAGGIO, MA, CHT, is an inspired teacher who has been professionally pursuing past-life research and therapy for over 25 years. In the early 90s, she formed her own past-life research center outside of Chicago where she worked with leading experts in this field. Joanne earned her Masters in Transpersonal Studies degree and her Spiritual Mentor certification through Atlantic University. She is the author of *Soul Writing: Conversing with Your Higher Self*, and *Your Soul Remembers: Accessing Your Past Lives Through Soul Writing*. She continues to lecture and conduct workshops on past-life therapy and soul writing across the country.

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# Praise for *Karma Can Be a Real Pain*

“Having explored and written about some of my own past lives, Joanne DiMaggio’s new book ticks all the boxes for me. The subtitle—“Past Life Clues to Current Life Maladies”—is the basic theme of Joanne’s research. However uncovering past-life connection to a physical or psychological condition in this life is just the first step. The most important aspect of this work is whether it is possible to heal the condition. The twenty-three case studies in the book provide some proof of the therapeutic value of past-life regression and the related karma we bring back with us to resolve in each new life. The case histories in this book provide a valuable insight into the karmic dramas of our 21<sup>st</sup>-century lives.”



—Barry Eaton, author of *Afterlife* and *No Goodbyes*.

“Hold the presses . . . *nobody is approaching reincarnation and past-life hypnotic regressions like Joanne DiMaggio*. She tackled the claim that ‘all disease or illness is past-life related,’ invited in dozens and dozens of people with non-responsive physical ailments, then explored possible causative factors through hypnotic regressions. Yup, all cases pointed to unfinished business in past lives. What’s really exciting, though, is that she invited clients afterward to ask their soul to comment about the session. Joanne did the same thing too. Utilizing both sources, helpful information emerged that led to healings. Her first book, *Soul Writing*, revealed that anyone can do this, allow their own soul to express itself via a meditative state and to write down thoughts or feelings that might be helpful. *Karma Can Be a Real Pain* is a surprise.”



—P. M. H. Atwater, L.H.D., researcher of near-death states and spiritual transformations, author of *Dying to Know You: Proof of God in the Near-Death Experience*

## Comments About the Physical Karma Project

“It would be nice if medical science and organized religion would be more accepting of past-life experiences and of karmic debt incurred by our past-life actions. It is good that you do such research in these fields. We need more of it.” (Gary)

“It [soul writing] allows us to consciously connect with spirit and receive guidance with our eyes wide open in this world in this lifetime, which helps to bring us back to the present moment. Writing is a way to heal!” (Louise)

“You have given me a part of my life, heart, and soul back through these sessions. It was supposed to be my year of self-care and love and this has only helped that.” (Anila)

“The issues with my parents don’t seem so bad anymore and I have less fear over my survival because I saw what I faced in that past lifetime.” (Jack)

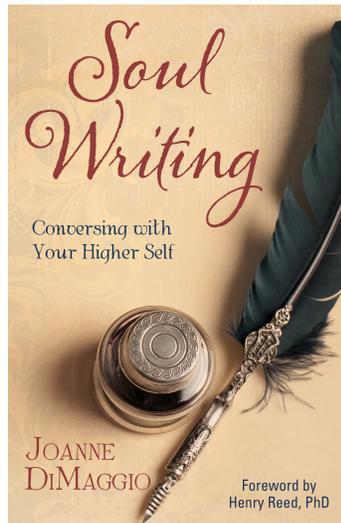
“I believe that recognizing the root cause can help you begin to alleviate your health problems. I have a different mindset on how I am approaching my life. Simplifying my life will change how I feel every day. This is such a valuable lesson that I could not clearly see until my regression. I will always be grateful.” (Janet)

“I am so very grateful that I was able to experience this past-life regression session. Being open-minded and learning more about alternative explanations allows for me personally to be more accepting of my condition and my current life rather than turning to anger and resentment for ways of dealing with my pain and mental state. I thank you very much for your time and your expertise in this line of work.” (Joan)

“The regression and the follow-up work is a transformative process that continues to unfold.” (Kathie)

*For those who want to tap into inner guidance and the eternal quest for self-discovery this is a clear, inspiring, and lucid explanation of exactly how to do it.*

—Paul Rademacher, author of *A Spiritual Hitchhiker's Guide to the Universe*



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When faced with life's big questions, we often find ourselves wishing for a guidebook, a manual to help us through the important decisions. But as Joanne DiMaggio so clearly points out, we *do* have access to all the answers we need. The process of connecting to the sacred wisdom within us—that part of us that has our answers—is always available through a technique called inspirational writing, or “soul writing.”

*Soul writing is a gift that God tucked into our backpacks when we made our journey to Earth. It is our toll-free, phone-home card that has no limits and no expiration date. For me, it is a never-ending source of wisdom and joy, because I know guidance is always available, no matter what my mood may be, no matter what time of day, no matter where I am.* —from the introduction



Joanne DiMaggio is an inspired teacher, drawing upon her own experiences and her knowledge of the Edgar Cayce readings to inform and support the quest for self-discovery. With clear instructions on the soul writing process, examples of others' experiences, and information on how to expand this process into other areas of your life, *Soul Writing* is the ultimate guidebook to access that deep knowing each of us holds within.

At some point in time, we are all looking for answers. *Soul Writing* shows you that the answers are there—just waiting for you to slow down, open your heart, and ask!

# Praise for *Soul Writing*

“The good news is that Joanne DiMaggio promises to show you a safe, reliable method of contacting your own personal source of wisdom, available on demand. The better news is that she delivers. Some things are easier done than said: *Soul Writing* shows you how it’s done, and how *you* can do it.

—Frank DeMarco, author of *The Cosmic Internet*



“*Soul Writing* is a fascinating exploration of how to connect with each person’s deep internal wisdom. For those who want to tap into inner guidance and the eternal quest for self-discovery, this is a clear, inspiring, and lucid explanation of exactly how to do it. After reading this book, it would be all but impossible to resist taking pen in hand and embarking on the journey of a lifetime . . . or better yet, the journey of multiple lifetimes.”

— Paul Rademacher, former executive director of The Monroe Institute and author of *A Spiritual Hitchhiker’s Guide to the Universe: Travel Tips for the Spiritually Perplexed*

“Such a precious thing, being able to tap directly into your own soul for written guidance, advice, upliftment. Who would have been that clever to think of this? Enter Joanne DiMaggio. For decades she has been perfecting ways of helping others connect directly with their own higher self for the kind of advice and encouragement most of us run to others for. The result of what she’s done is *SOUL WRITING*, a simple refreshing way anyone can use to reach that source point of God Within, our soul. Don’t be misled by ‘simple.’ The how-to she developed is incredibly dynamic, a godsend to anyone on a journey of self-discovery and the spiritual. I am humbled by her dedication...this book, a touchstone for all of us. --P.M.H. Atwater, L.H.D., author of many books, among them — *Coming Back to Life; Future Memory; Near-Death Experiences; and Children of the Fifth World.*

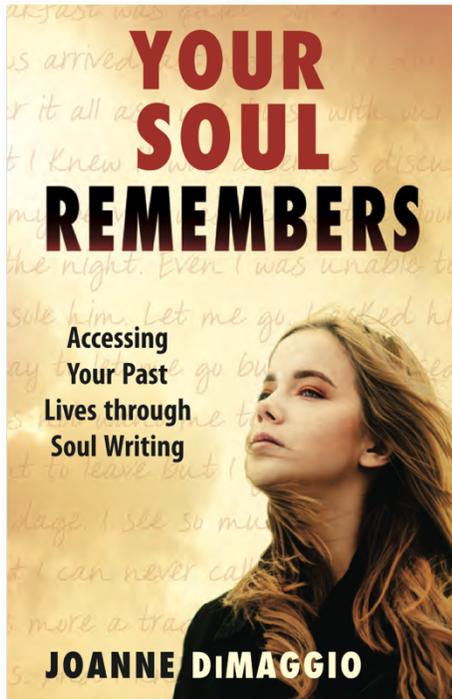


# YOUR SOUL REMEMBERS

## Accessing Your Past Lives through Soul Writing

### Joanne DiMaggio

Transform Your Life by Uncovering Your Past Lives . . .



*Your Soul Remembers* is proof positive that answers to questions about your past lives are at the tip of your finger. Author and past-life specialist, Joanne DiMaggio, conducted a groundbreaking research project, combining past-life regression and a form of inspirational writing she calls *Soul Writing*. With the help of fifty volunteers, ranging in age from 23 to 81, Joanne regressed each to the past life that was having the most impact on them now. After the regression—but while they were still in an altered state of consciousness—she placed a pen in their hand and a journal on their lap and instructed them to ask their soul for information about that lifetime that eluded them in the regression. While they wrote, she also wrote, asking her Source for information she could share. The results were astonishing.

Starting in the first century and ending in the recent past, *Your Soul Remembers* is a veritable past-life passport that takes you to countries across the planet—from obscure hamlets to desolate fortresses, from the quiet English countryside to the wild, wild American west. History comes alive as you read firsthand accounts of what it was like to experience the destruction of Pompeii; persecution in Tudor England; abduction during the Holocaust, and how those experiences still are affecting lives today. *Your Soul Remembers* includes fascinating accounts of clusters of soul groups who came forward with similar stories; of spontaneous healings after discovering the origin of a physical karma; of recognition of individuals today who played a similar role in the past.

It is said all answers lie within. Every thought, word, and deed from previous lifetimes is recorded and stored in your soul, making it accessible to you at any time. Through soul writing you can apply this transformative technique to your own life, and begin an ongoing dialogue with your soul to uncover and resolve the issues that may be plaguing you today.

JOANNE DIMAGGIO, MA, CHt, is an inspired teacher, a member of the International Association for Regression Research and Therapies, and has been professionally pursuing past-life research and therapy for over 25 years. She headed her own past-life research center outside of Chicago and brought that to Virginia in 1995. Joanne earned her Masters in Transpersonal Studies degree and her Spiritual Mentor certification through Atlantic University. Her thesis, on inspirational writing, served as the basis of her first book, *Soul Writing: Conversing With Your Higher Self*. Joanne continues to lecture and conduct workshops on soul writing across the country, sharing her knowledge through blogs, online courses, magazine articles, and radio programs.

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# Lectures and Workshops

Whether done in person or via Zoom, Joanne's transformative lectures and workshops have made a real difference in people's lives. A description of those workshops follows. She is available to speak to your group, organization or conference and can tailor her talks to your specific interest. In addition, she also is available for private past-life regression sessions during her visit. Here are the many places where she has made appearances.

- Alchemists, Richmond, VA
- Association for Research and Enlightenment:
  - Bethesda, MD
  - Charlottesville, VA
  - Chicago, IL
  - DeGray Lake, Arkansas
  - Delaware/Maryland (Delmar
  - Milwaukee, WI
  - Southern California.
  - The Villages, Florida.
  - Virginia Beach
- Chrysalis – Waynesboro, VA
- Edgar Cayce Forum
- Festival of the Book – Charlottesville, VA
- Hospice of the Piedmont/Unity Conference
- Inst. for Neuroscience & Consciousness Studies:
  - Austin, TX
  - Richmond, VA
- Int'l Association for Near Death Studies, Washington, DC
- Kindred Spirits Holistic Center, Oswego, IL
- Quest Bookstore, Charlottesville, VA
- Reincarnation Symposium, Richmond, VA
- Rhine Institute, Durham, NC
- Temple Beautiful 25<sup>th</sup> Anniversary, Tokyo, Japan
- Unity Church
  - Austin, TX)
  - Charlottesville, VA
  - Richmond, VA
  - Stephens City, VA

# *Inspirational Programs for Aspiring Souls*

Each of the eight presentations below can be done in person or via ZOOM and customized to your particular group. Most can be configured to be a two-hour, half-day or full-day program, depending on your time constraints. Many are experiential and include a group regression or soul writing session. Appropriate worksheets are provided.

## **I Did It To Myself...Again! Exploring The Pre-Life Planning Session**

- What does it feel like to die?
- What does the afterlife look like?
- Who are the Council of Elders and how do they help plan your next life?
- Why did you choose your parents?
- Who are members of your soul family and what role did they play in your past lives and your current life?
- What are the karmic issues and attributes you brought into this life?
- Why did you choose your body?
- What memory triggers were you given to remind you of your previous life?

Using past-life regression to identify a significant former life, followed by an exploration of the afterlife to experience the pre-life planning session for this life, this workshop answers the most commonly asked questions about death and rebirth. You will come to understand your soul's purpose and your role in designing your present life. In the process of re-examining your life, you will discover that you did, indeed, do it to yourself (again) for the greatest reason of all — your soul's growth.

## **Soul Writing: Conversing with Your Higher Self**

Soul writing is a written form of meditation. This workshop teaches how to access profound information from sacred inner realms and explores ways to apply that guidance to everyday life. The workshop covers:

- What is soul writing?
- Famous writers and composers who have used it.
- The difference between automatic and inspirational writing.
- The many ways it can be applied to daily life.
- Step-by-step instructions on how to do it.
- Guided meditation followed by a soul writing session.

## **Your Soul Remembers: Accessing Your Past Lives Through Soul Writing**

Explore in-depth how soul writing can be used as a way to acquire information about the past lives that are having the most impact on you today. This workshop covers:

- What is Soul Writing?
- Research Data
- Cayce on Atlanteans, Life's Mission and Karma
- Conversing with a past-life aspect
- Soul Groups
- How past lives impact current lives
- Famous past lives
- Soul Mates
- Guided reverie and soul writing session

## **Karma Can Be a Real Pain: Past-Life Clues to Current Day Maladies**

Are your chronic physical, mental and emotional issues stemming from something that occurred in a prior lifetime and if so, does revealing that lifetime help to heal your present-day malady? Find out in this fascinating workshop that includes:

- How physical karma manifests in everyday life.
- Case studies of individuals with such chronic conditions as arthritis; diabetes; head trauma; liver and kidney deficiencies; drug and alcohol abuse; leg, back and arm pain' weight and digestive issues; sexual karma; mental and emotional disorders.
- Past-life regression including body scan, regression, and soul writing.
- Healing and forgiveness work.

## **Edgar Cayce and the Unfulfilled Destiny of Thomas Jefferson Reborn**

On June 23, 1936, Edgar Cayce gave a life reading for two-day old Thomas Jefferson (T.J.) Davis, the nephew of his secretary, Gladys Davis. In this reading, Cayce identified one of the child's past lives as that of Thomas Jefferson, adding that in this life T.J. could do for the world what Jefferson did for this country. This talk examines why that never happened. Based on Joanne's eight years of research in the archives of the Edgar Cayce Foundation, she presents a classic case of karma in action and the free will's series of twists and turns that created the obstacles that T.J. felt powerless to overcome. Here is the story of the fate of a child that Edgar Cayce so loved and predicted could be the world's redemption . . . if only.

## The Value of Past-Life Exploration

What is past-life exploration? Surprise! It's not about the past. It's about the present! This workshop answers commonly asked questions about reincarnation and past-life regression and is designed for believers and non-believers alike. The lecture begins with case studies of individuals whose lives have changed as a result of past-life work. It goes on to explore how past-life work can give you a different perspective on your life; discusses the history of reincarnation; what famous historic figures had to say about reincarnation; the Akashic Records where past-life memory is stored; the life questions that past-life regression can answer; the Law of Karma; what we learn about ourselves; criticisms of past-life recall; how to explore past-lives, including the non-hypnotic resonance method; what you can expect in a regression; and finally, what it's meant to those who have undergone a regression.

## Finding Your Soul's Purpose

Why am I here? People reach a stage in life—and for everyone it's at a different time—when they begin to seriously ask that question. The key is to define your passion—what you would do if you weren't worried about consequences, money, or making anybody happy but yourself. Using past-life regression, life-between-lives session, and soul writing, this full-day workshop explores:

- Final thoughts at moment of death
- What it feels like to die
- Welcome to the afterlife
- Your spirit home
- De-Briefing Session
- Council of Elders
- Karmic Issues and Attributes
- Defining Your Soul's Mission
- Choosing Your Parents
- Soul Family
- Picking a Body
- Memory Triggers

By the end of the session, you'll know why you're here; what karmic issues and attributes you're working on; why you picked your parents; who has come in with you to challenge or support you; why you have the body you have now; what memory triggers you were given; and more.

## The Resonance Method of Past-Life Recall

Are you curious about your past lives but don't have a clue about how to go about accessing that information? For new students of reincarnation who are serious

about uncovering and resolving long standing issue areas in their life, but are not ready to progress to a deeper, more profound level of healing through hypnotic regression, there is a gentle, non-threatening technique of past-life recall called The Resonance Method.

What is resonance? The optimal word in sensing resonance is “feel.” You know you resonate to something when it “feels” familiar to you, even though there is no logical reason for it to be so in this lifetime. You have a special draw to it; a yearning for it that you cannot explain.

In this workshop you will look at every aspect of your being, compiling the data through a simple, yet in-depth psychological analysis of who you are today. You will look at your childhood; experiences of Deja vu; your tug at particular geographic locations; your love of different cultures and historic eras; the foods you like; the decor you prefer; the arts you appreciate most; religions you are drawn to; occupations you have had; hobbies; talents; physical traits; personality characteristics; dreams and visions; recurring patterns; and people you know. Through that analysis, you begin to put together bits and pieces of a puzzle that will give you the first glimmerings of a past-life identity.

## Joanne's Radio and Podcast Appearances

- 11:11 Radio
- A Book and a Chat, with Barry Eva
- Behind the Paranormal with Paul and Ben Eno
- Beyond Reality Radio with Jason Hawes and JV Johnson,
- Biz Talk Radio-Lifestyle Talk Radio with Frankie Boyer
- Breakthrough Miracle Radio with Saskia, WBLQ,
- Bringing Inspiration to Earth, with Robert Sharpe
- Coast to Coast AM with George Noory
- Conversations Beyond Science and Religion
- Darkness Radio with Dave Schrader
- Dick Sutphen Show
- Differing Together
- Enlightenment of Change, Connie Whitman
- Everything Imaginable
- Exploring the Unexplained Phenomena, KZUM
- Fire It Up With CJ
- From My Mama's Kitchen with Johnny Tan
- Grimerica
- Healing Arts with Dr. Shelley Kaehr
- Healing From Within with Cheryl Glick
- High Road to Humanity with Nancy Yearout
- Holistic Talk Radio with Frankie Boyer
- In the Spirit Radio with Gary Goldberg, WRPI
- InterViews & InterActions with Linda Strasberg, KTKK Radio Salt Lake City

- Intuitive Ink with Servet Hasan
- Intuitive Transformations with Sylvia Henderson
- Jim Harold's "The Other Side"
- Kardec Radio with Vanessa Anseloni
- Loretta Brown Show, KKNW Seattle
- Marie Manuchehri Show: Where Energy & Medicine Meet
- Mystic Living Today, with Natalie Sist
- Mystical Cruise Radio, Robert Sharpe
- Miracle of Healing with Lisa Champion
- Midnight Society with Tim Weisberg
- Monique Chapman's Get Over IT
- Nancy Ferrari Show, W4CY Radio
- New Human Living Radio with Les Jensen
- Night-Light Radio
- Paranormal Podcast
- Past Lives Podcast from the U.K
- Planetary Spirit with Jeff Ferrannini, Emerson College Radio
- Powered Up with Sandra Beck and Linda Franklin
- Quantum Creativity with Cezarina Trone
- Radiate Wellness
- Raising Vibrations Radio
- Reflections: The Wisdom of Edgar Cayce radio program
- Road to Humanity with Nancy Yearout
- Robert Manni's Guy's Guy Radio
- Sacred Stream Radio with Laura Chandler
- Second Wind with Joyce Buford
- Soul Talk Radio with Jeremy McDonald
- Spiritual Envoy with Danah Hilden
- Strategies for Living with David McMillian
- Supernatural Realm
- Super Power UP
- Suzanne Northrup Show
- Tell Me Your Story with Richard Dugan,
- Temple of Health with Susan Kolb, M.D.
- The Donna Seebo Show
- The Dr. Leslie Show with Dr. Leslie Wells
- The Dr. Pat Show, KKNW AM 1150 Seattle
- The Fringe Radio Show, KTKK AM630, Salt Lake City, UT
- The Laura Longley Show, Transformation Talk Radio
- The Linda Mackenzie Show, Healthy Life.Net Radio
- The Moore Show with Kevin Moore
- The Metaphysical Mentor with Michael Philpott
- The Ray Carr Show, CSB Cleveland, OH
- The Shirley MacLaine Show
- The Spark with Stephanie James
- The Taylored Word, WBTQ
- The Unexplained Show with Cas Lake
- The Usivualeyes Show with Michelle Craft
- The Wendy Edwards Show, Charlottesville, VA
- Transitions with Tara (Sutphen)
- Trey Downes

- Turning of the Wheel with Chris Flisher
- Unity Radio
  - Be Present, Diane Ray Unity Online Radio
  - Unity.FM with Temple Hayes, The Intentional Spirit: Seeing and Being
- Uplift Your Life: Nourishment of the Spirit with Dr. Paula Joyce
- Vibrant Living with Sameer Vagal, Law of Attraction Network Radio
- Voices of Women with Kris Steines
- Wake Up, Lake Country! With Ray Somich, WELW AM1330, Cleveland, OH
- Wendy's Coffeehouse
- White Shores with Theresa Cheung
- You Are Invisible podcast with Abhishek Patel

## COMMENTS ABOUT JOANNE'S PODCAST AND RADIO APPEARANCES

"Job well done...very, very well done. I truly enjoyed hearing you as a guest on Coast to Coast. You are one of the more concise and focused guests they have had even though the questions coming your way were not as concise and focused as they could have been. I only lasted thru your first two hours, but I was really glad I got up to hear you. Too bad Shirley [MacLaine] didn't make it thru her interview, but kudos to you for stepping in and filling the show. You made the A.R.E. shine last night." *Judy*

"I was disappointed that Shirley MacLaine had to cut her interview short, but I was very glad to listen to you for an extra hour." *Anne*

"Your acceptance of learning from past lives and having an easy acceptance rather than a mystical over significance is refreshing. Your openness and most of your subject matter coincides precisely with my own views." *Jon*

"I have to admit that normally I do not enjoy the female guests as for some odd reason they come across as less informed than expected, however, as soon as I heard the topic of reincarnation and past lives, I really hoped you would squash that typical assessment. You completely blew me away! I have never felt such a connection with any other guest . . . I want you to know you have answered a lot of my questions and opened my eyes to new ways of exploring these things that resonate with me in ways I have yet to fully grasp. Thank you for your influence!" *Emery*

"I'm catching up on my Darkness Radio Podcasts and your interview with Dave was the best I've heard this year and one of the best I have ever heard on his show. It really helped me get a better perspective on my own life. Thank you, Joanne!" *Scott*

## COMMENTS FROM THOSE WHO HAD A PAST-LIFE REGRESSION WITH JOANNE

“Thank you for spending your time and expertise to help me see a bit into the past. You are very good at what you do and I wish you much success in helping others.”

“This is a very valuable technique that should be developed and promoted at large.”

“It was beyond what I hoped for. I cherish the experience and the understanding I have gained. Regression to previous lives so fits into my journey in this life. I want to know the many layers of my being.”

“Thank you for your openness in sharing your marvelous gifts with us. Through soul writing and regression, I have put many missing pieces to the puzzle of my life together which has led to greater clarity and direction.”

“Without question, my regression with Joanne was the best I have experienced to date. It has prompted more investigation and an effort to bring peace to a tortured soul, which was successful. Many thanks.”

“I’ve had previous regressions. However, I found with the addition of the soul writing, this has been far more informative—a new connection within me has been formed.”

“It is one thing to believe in past lives and living in the present. It is yet another to have a sense of even just one other life and actually *feel* the connection. I can’t imagine now doing a regression without the soul writing.”

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